

Question Guide for Worksheets

What inter-professional interventions are needed?

Worksheet 1

Prioritize and identify the first three things you would do for this patient. Be prepared to discuss your rationale when we resume as a group.

Worksheet 2

Case

General

26 year-old white female, G2P2

History of Present Illness

Patient presents post-partum to establish care in the ADM clinic. She has a nine-year history of illicit buprenorphine use. With her most recent pregnancy, she established care with an OB and was provided a prescription for buprenorphine and then tapered down to 4mg per day. She was referred to this office following delivery when she started illicitly supplementing her dose up to 8 mg per day due to the stress of having her baby spend a month in the NICU following an emergency C-section related to placental abruption. Delivery was about 8 weeks early; pregnancy was complicated by elevated BPs/Pre-Eclampsia.

Past Medical History

Polycystic ovarian syndrome

Ovarian cyst, follicular

Surgical History

History of Cesarean section

History of Tonsillectomy

Family Medical History

Diabetes mellitus

Hypertension

Lung cancer

Cardiac disorder

Colon cancer

Problem List

Emergency Cesarean Section due to Placental Abruption

OUD, Moderate, on maintenance therapy

Vaping Nicotine Dependence

Morbid Obesity

Pelvic Pain

Bilateral Carpal Tunnel

Instability of Left Ankle Joint

Anxiety

Reading Disability

Intake Vital Signs

Temperature: 97.3

BP: 135/88

HR: 73

Respiration: 16

Height: 5'5"

Weight: 242#

BMI: 40.27

ACEs: 5

PHQ-9: 13

GAD-7: 8

Behavioral Health History

History of depression in high school

Substance Use History

Patient began using illicit buprenorphine for depressed mood at 17 years of age. Used methamphetamine for one year from 19-20 years of age. Is a current smoker and caffeine user (2 liters of Mountain Dew per day).

Psychosocial History

Family History

Patient's parents got married in high school due to an unplanned pregnancy. Patient is a middle child, with two older sisters and a younger brother. Her father worked in construction; he has a history of Substance Use Disorder (SUD) and a history of incarceration; he was emotionally abusive to patient's mother. Mother worked in a prison. Parents divorced when patient was 19 years old. Two of patient's siblings have SUD. Patient has a history of taking temporary custody of a sibling's child for several years.

Patient is married with two children (4 years & 3 ½ months). Her husband is a plumber. Patient has a high school diploma but is functionally illiterate (etiology of learning disability is unknown, but she had an IEP in high school). Patient is currently unemployed, with a minimal work history due to illiteracy. Patient has TennCare health insurance. Patient, her husband and two children live in their own mobile home in a remote rural area; patient has her own vehicle; household income is less than \$10,000/yr. Patient does not have a mobile phone.

Patient-identified personal strengths: love, kindness, honesty, spirituality

Provider-identified personal strengths: strong motivation for change; commitment to family; patient has health insurance; patient owns a mobile home; patient has own vehicle

Hobbies: taking care of children; board games/card games